

Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL
VACATION

1

Macaroni and Cheese
Roasted Broccoli

2

Teriyaki Chicken
Brown Rice
Stir-Fried Veggies (Peppers, Onions,
Edamame, Broccoli, Cauliflower, Carrots)

3

Homemade Pizza
Choose – Pesto, Pepperoni
Or Cheese
Caesar Salad

4

Daily Salad Bar
Fresh Fruit
Choice of Milk

Daily Salad Bar
Fresh Fruit
Milk

Daily Salad Bar
Fresh Fruit
Milk

Meatloaf (GF)
Mashed Potatoes
Green Beans
Dinner Roll

7

Taco Tuesday (GF)
Soft Shell
Beef or Black Bean
Refried Beans

8

Baked Chicken (GF)
Roasted Butternut Squash
Green Beans
Egg Noodles

9

American Chop Suey
Roasted Cauliflower
Dinner Roll

10

Breakfast for Lunch
French Toast Sticks,
Sausage or Bacon, Scrambled Eggs

11

Daily Salad Bar
Fresh Fruit
Milk

Daily Salad Bar
Fresh Fruit
Milk

Daily Salad Bar
Fresh Fruit
Milk

Daily Salad Bar
Fresh Fruit
Milk

Daily Salad Bar
Fresh Fruit
Milk

Grilled Cheese
Choice of Corn Chowder
or Tomato Soup (GF)

14

Chicken or Veggie
Quesadilla
Black Beans
Rice

15

Chicken Alfredo
Fettuccini Noodles
Steamed Broccoli

16

Throwback Thursday!
Sloppy Joe or
Veggie Burger
Tater Tots

17

Homemade Pizza
Choose – Pesto, Pepperoni
Or Cheese
Caesar Salad

18

Daily Salad Bar
Fresh Fruit
Milk

Daily Salad Bar
Fresh Fruit
Milk

Daily Salad Bar
Fresh Fruit
Milk

Daily Salad Bar
Fresh Fruit
Milk

Daily Salad Bar
Fresh Fruit
Milk

NO SCHOOL
VACATION

21

Taco Tuesday (GF)
Soft Shell
Beef or Black Bean
Refried Beans

22

Macaroni and Cheese
Roasted Broccoli

23

Teriyaki Chicken
Brown Rice
Stir-Fried Veggies (Peppers, Onions,
Edamame, Broccoli, Cauliflower, Carrots)

24

Breakfast for Lunch
Pancakes, Sausage
or Bacon, Scrambled Eggs

25

Daily Salad Bar
Fresh Fruit
Milk

Daily Salad Bar
Fresh Fruit
Choice of Milk

Daily Salad Bar
Fresh Fruit
Milk

Daily Salad Bar
Fresh Fruit
Milk

Shepherd's Pie (GF)
(Beef & Veggie or Vegetarian)

28

Nachos!
Beef or Beans
Pico de Gallo
Queso (Cheese Sauce)

29

Spaghetti
Meat Sauce or Marinara
Roasted Cauliflower

30

Chicken or Fish Patty
Cole Slaw
Sweet Potato Tots

31

Daily Salad Bar
Fresh Fruit
Milk

Daily Salad Bar
Fresh Fruit
Milk

Daily Salad Bar
Fresh Fruit
Milk

Daily Salad Bar
Fresh Fruit
Milk